

WINTER GARDEN CIRCUIT RACE & 13TH ANNUAL LAKE MARY CRITERIUM CUP RACE



Saturday Feb 20

Closed course 1.9 mile 2 corner loop with long uphill every lap at finish line

Saturday parking: Course is closed so participants should park on Porter Rd, NW of the course and must arrive via intersection of Avalon and Porter.

Saturday, warm-up: racers can warm-up on non-course roads

Saturday address:
15757 Porter Rd Winter Garden, FL 34787

Saturday Map My Ride:

<http://tinyurl.com/yzosmwk>

START	CATEGORY	LENGTH	PRIZES
9:00 AM	Jr. M/W 10-12, 13-14	20 minutes	Medals 3 each
9:25 AM	Jr. M/W 15-16, 17-18	30 minutes	Medals 3 each
10:00 AM	Masters 55+ Masters 65+	35 minutes	\$100/4 Points
10:40 AM	Masters 45+	40 minutes	\$200/5
11:25 AM	Masters 35+	40 minutes	\$300/6
12:10 PM	Women 1-3 Women 4	40 minutes	\$200/5 \$100/4
1:00 PM	Pro, 1, 2	75minutes	\$800/10
2:25 PM	Men Cat 3	50 minutes	\$300/6
3:20 PM	Men Cat 4	40 minutes	\$100/4
4:05 PM	Men Cat 5	30 minutes	Medals 5
			\$2100

Sunday Feb 21

The well known course, fast and flat .8 mile with 3 right turns

Sunday warm-up: on trainer, trail, or parking lot only, disqualification for riding on road, no exceptions

Sunday address:
901 International Parkway, Lake Mary Fl

Sunday Map My Ride:

<http://tinyurl.com/yftjzvx>

START	CATEGORY	LENGTH	PRIZES
8:00 AM	Jr. M/W 10-12, 13-14	20 minutes	Medals 3 each
8:25 AM	Jr. M/W 15-16, 17-18	30 minutes	Medals 3 each
9:00 AM	Masters 55+ Masters 65+	35 minutes	\$100/4 Points
9:40 AM	Masters 45+	40 minutes	\$200/5
10:25 AM	Masters 35+	40 minutes	\$300/6
11:10 AM	Women 1-3 Women 4	40 minutes	\$200/5 \$100/4
11:55 AM	Kid's Race (Free)	200 meter / 1 lap	Medals all
12:10 PM	Pro, 1, 2	75minutes	\$1000/12
1:35 PM	Men Cat 3	50 minutes	\$300/6
2:30 PM	Men Cat 4	40 minutes	\$200/5
3:15 PM	Men Cat 5 <35 yr	30 minutes	Medals 5
3:50 PM	Men Cat 5 ≥ 35 yr	30 minutes	Medals 5
			\$2,400



Details

REGISTRATION: Late fee of \$5 if received after 2/18/2010. Registration closes 20 minutes prior to posted race start. Races held rain or shine. (No refunds).

LICENSE: One-day race license can be purchased for \$10. Promoter reserves right to reduce payout/combine races. Held under USCF Sat 2010-241 pending, Sun 2010-218 pending.

CHIPS: Must have own AMB chip or rent one for \$10..

FEES: Each day are \$32 per category except: Pro,1,2 = \$34, Juniors = \$10, \$15 for same day additional races.

LAJRS junior men / women scored separately for medals. Juniors must run junior gears all categories.

TIMES: All start times are approximate.

WINTER GARDEN HOTEL: Orange County Golf Center and Lodge, (407) 656-2626 offering limited number of rooms at special rate of \$95 if you mention ORC when booking.

LAKE MARY HOTEL: Homewood Suites Hilton, (407) 805-9111 offering limited number of rooms at special rate of \$79 if you mention ORC when booking.

Maps and Questions:

www.OrlandoRoadClub.org

Race director: Walter Rentz

wrentz@cfl.rr.com or walter@allstate.com
cell 407-443-7251

Mail **USCF release/** check payable to:

Orlando Road Club
5210 Forzley St.
Orlando, FL 32812

Register online at **BikeReg.com**

<http://www.bikereg.com/events/register.asp?eventid=9907>